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Web: www.rainbow-cambridge.org.uk/calderdale

PERSONAL PROFILE

I have an infectious positive attitude, excellent interpersonal communication and multitasking organisational skills with a strong sense of community. I have been engaged in various community related activities:

- Working as a home carer with vulnerable people for 15 years
- Organising public parties and events
- Chairing the Cambridge Inter-Faith Group for 6 years
- Bookings officer for the hall of the ICCA Cambridge
- Producing 50 radio shows "Ralph's Positive Hour" on the Cambridge Community 209radio
- Developing the "Rainbow Network Cambridge" web site as a community resource
- Leading Dances of Universal Peace groups (empowering and enhancing community cohesion)

I have home care NVQ level 2 and all legally required carer training courses, a clean driving licence, current CRB check, am computer literate and have German as mother tongue.

EMPLOYMENT HISTORY

Since 12 / 2012	part time personal assistant for a wheel chair bound client in Hebden Bridge
12/1997 – 9 /2012	Home carer for elderly people in their homes with various companies in Cambridge
1998 – 9 / 2012	self employed as gardener in Cambridge
2004 – 2010	bookings officer and cleaner for the Indian Cultural and Community Association ICCA Cambridge for their hall Bharat Bhavan
1995 - 1997	Organising and advertising workshops on success, positive thinking, singing and dancing in Germany on a freelance and self employed basis.
1981 – 1994	working as a town planner for various projects and companies in Berlin
1986 – 1989	Taxi driver in Berlin

TRAINING / QUALIFICATIONS

As a carer I was kept up to date with the current legislation and regularly attended training courses, the most recent ones listed below:

From May 2013	Volunteer at Hebden Bridge Town Hall
13 July 2012	CRB check: no records. Disclosure number 001370767294
20 Oct. 2010	Stroke Awareness Event - Certificate of attendance (MEARS Waterbeach)
13 Oct. 2010	Medication Competency Test - Certificate of attendance (MEARS Waterbeach)
27 Sept. 2010	Moving and Handling Update - Certificate (MEARS Waterbeach)
26 Aug. 2010	Medication Update - Certificate (MEARS Waterbeach)

7 June 2010	Safeguarding of Vulnerable Adults Induction Session – Certificate (MEARS Waterbeach)
April 2010	National Vocational Qualification: EDEXCEL Level 2 NVQ in Health and Social Care (UKHCA Training and Assessment Centre)
1996 - 1997	Dances of Universal Peace teacher training in Germany.
1986 - 1988	Gestalt therapy education at the Gestalt Institut Frankfurt.
10/'75 - 3/'81	Diploma in "Structure Planning" at Dortmund University, Germany.

SKILLS

Driving Licence	Clear UK driving licence and experienced driver
Computer	confident use of many programmes, email, web page design
Languages	German: mother tongue, English: fluently; translating skills. French and Spanish basic knowledge.

INTERESTS

- I love creative hobbies, especially connected with singing, dancing, drumming, healing and spirituality.
- organising, advertising and leading "Dances of Universal Peace" groups
- Singing, especially chanting and Taizé harmony singing
- promoting tolerance and understanding between people of different faiths
I have been chairing the Cambridge Inter-Faith Group for 6 years
- I have created the web site "Rainbow Network Cambridge" (www.rainbow-cambridge.org.uk)

REFERENCES

- Paula Rowley, Mears Care Limited, Branch Manager (Waterbeach)
The Old Sunday School, Chapel Street, Waterbeach, Cambs CB25 9HR
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- William Blomfield, 16 Tipton Park Gardens, Sheffield S10 3FP -
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