



La illaha il Allah, Haqq Allah (Afghan Zikr Dance) Capo II

La ill - a - ha il' Al-lah La ill - a - ha il' Al-lah *sf* HAQQ! Al-lah Al - lah
(spoken)

La il' Al - lah Al - lah Hu.

Finale
drone harmony inspirations:

Al - lah Hu Hu Al - lah, Al-lah Hu Al - lah Hu Al-lah

Hu Al - lah Hu Al - lah Al-lah lah - Al - lah Al -

- La illaha Sidestep to right while the chest moves from left to right in a bow.
Il Allah, Dip down - and up with the heart. Hands are held in the circle.
- La illaha (higher) Repeat.
Il Allah,
- Haqq! Right hand strikes down with power, with vertical palm cutting like a sword – Truth striking like a lightning (with powerful voice).
- Allah, Both hands' fingers touch the heart gently (soft voice)
- A-llah, Arms open up wide to open to Allah, looking up (soft voice)
- La-a-a-ah Right hand's fingers touch heart and right arm sweeps to the right, opening wide, while turning to the right. Look! God is everywhere!
- i-i-i-il Left hand's fingers touch heart and left arm sweeps to the left, opening wide, while turning to the left
- A-a-a-allah, Facing centre, fingers touch the heart, from there arms open and move down, palms facing up, emptying, letting go, head bows down.
- A-llah Hu-- Straightening the body, left hand moves on top of the right shoulder & right hand on the left shoulder, before singing 'Allah Hu'. Stand in this contemplative position while singing softly. Then arms drop down to take hands for the beginning – or the very end.

This dance begins slowly and may gradually speed up. Then it slows gradually down and ends slower than the beginning, like slow motion.

The ending should be explained before the dance begins:

At the very end, the leader calls out "Allah Hu!" Dancers drop and hold hands, and begin side stepping to the right, coming closer together while singing "Allah Hu-" on one note. After some time the leader introduces some counter melodies, each repeated as often as inspired. The dancers carry on singing the "Allah Hu-" drone, or they may sing harmonies of "Allah Hu", or pick up and sing one of the countermelodies – or they may allow spirit to bring out sounds on the words "Allah" or "Hu". Ideally a temple of sounds will arise (a "real" vocal zikr after the dance). When the pitch of the voices rises, it can become ecstatically powerful.

Movements: Ralph Nimmann. Melody: traditional.

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